

QUICKSTART TENNIS is an exciting format for learning tennis developed by the United States Tennis Association. It is designed to bring kids/youth into the game by adapting the equipment, court dimensions, and the scoring to the age, skill, and size of children just like other youth sports. Each class will include movement activities and progressive skill development to learn forehands, backhands, and serves in fun and exciting ways.

Youth Only: Bring a tennis racket to each class and bring an unopened can of tennis balls to the first class only.

PEE WEE TENNIS TUESDAYS

Day: Tuesdays

Date: Session I: August 30, September 6 - 20
Session II: September 27, October 4 - 18
Session III: October 25, November 1 - 15

Course Code: 16319

Course Code: 16320

Course Code: 16321

Time: 6:00 p.m. - 6:45 p.m.

Fee: \$45 per session (resident)

\$67.50 per session (non-resident)

Age: 4 - 7 years old

Location: Kiwanis Tennis Courts

YOUTH TENNIS TUESDAYS

Day: Tuesdays

Date: Session I: August 30, September 6 - 20
Session II: September 27, October 4 - 18
Session III: October 25, November 1 - 15

Course Code: 16322

Course Code: 16323

Course Code: 16324

Time: 7:00 p.m. - 8:00 p.m.

Fee: \$45 per session (resident)

\$67.50 per session (non-resident)

Age: 8 - 12 years old

Location: Kiwanis Tennis Courts

PEE WEE TENNIS THURSDAYS

Day: Thursdays

Date: Session I: September 1 - 22
Session II: September 29, October 6 - 20
Session III: October 27, November 3 - 17

Course Code: 16325

Course Code: 16326

Course Code: 16327

Time: 6:00 p.m. - 6:45 p.m.

Fee: \$45 per session (resident)

\$67.50 per session (non-resident)

Age: 4 - 7 years old

Location: Kiwanis Tennis Courts

YOUTH TENNIS THURSDAYS

Day: Thursdays

Date: Session I: September 1 - 22
Session II: September 29, October 6 - 20
Session III: October 27, November 3 - 17

Course Code: 16328

Course Code: 16329

Course Code: 16330

Time: 5:00 p.m. - 6:00 p.m.

Fee: \$45 per session (resident)

\$67.50 per session (non-resident)

Age: 8 - 12 years old

Location: Kiwanis Tennis Courts

KIWANIS PARK TENNIS DRILLS

Improve all your tennis skills and learn to play like the pros! The drills are designed to help you improve your technique for the following shots that you will encounter in competitive tennis: forehands, backhands, volleys, half-volleys, overheads, and serves. Emphasis will be placed on proper technique including back-swing, footwork, racket face control, and follow through, plus improving your court positioning. We will also focus on avoiding injuries and building stamina. "Tennis is more fun when you are improving," so bring your racket and raise your skill level! All drills will include games and competition to put your new strokes to the test. Drills led by Mike Wilson, a P.T.R. Certified Instructor and an A.C.E. Certified Personal Trainer.

Day: Saturdays

Date: Session I: September 3 - 24
Session II: October 1 - 29
Session III: November 5 & 12
Session IV: December 17 & 18 (Sunday)

Course Code: 16331

Course Code: 16332

Course Code: 16333

Course Code: 16334

Time: 6:00 p.m. - 7:00 p.m.

Fee: Session I: \$40 per session (resident)

\$60 per session (non-resident)

Session II: \$50 per session (resident)

\$75 per session (non-resident)

Sessions III & IV: \$20 per session (resident)

\$30 per session (non-resident)

Age: 13 & older

Location: Kiwanis Tennis Courts